



Sheila Bell Froemke

December 17, 1932 - February 14, 2020

Sheila Bell Stout Froemke was born in Britton, South Dakota on December 17, 1932 to Ted and Rhoda (Bell) Stout. She attended school in Brampton and Forman, ND, and graduated from Havanna, ND High School in 1949. She attended Valley City State University receiving her Standard in 1951 and a Bachelor of Science in Education in 1971.

She married William Froemke in 1953. They farmed south of Litchville since that time. They had a son, John (Lori) Froemke of Litchville, ND; two daughters, Holly (Yvan) Giralte of Ortonville, MI; Heather Lindekugel of Tyler, TX.

Mrs. Froemke taught in area schools for several years and worked for the US Postal Service after her retirement as a teacher. She first served as a substitute carrier. In 1989 she became the mail carrier for route one out of Litchville until her retirement in 1995. Sheila was a long time member of First Lutheran Church in Litchville.

Sheila enjoyed gardening, her favorite time of the year was when the flower catalogues would arrive, especially the Iris one! She studied it carefully and knew exactly where the new Iris' would go in her flower patch before placing the order. Some years her patch got bigger due to her wondering what that color and type of Iris would look good near an establish iris of a different color. This was not a problem for her and her tiller. When her iris gardens became over grown she would happily glean the area and gift them to other gardeners. Her other talent was making bread, buns & carmel rolls every week! That day

of the week she knew for sure she would be seeing her grandsons, as they loved her fresh out of the oven bread!

Sheila is survived by her children, Holly, John and Heather; her grandchildren, Kyle, Logan, and Christian; her great-granddaughter, Madalyn. She was preceded in death by her parents; her brother Terence; her husband William; and her grandson Micah.

Please send memorials to Litchville Fire Dept., First Lutheran Church in Litchville, or a memorial of your choice.

Service will be at First Lutheran Church, Litchville, ND, June 25th, 2020 at 10:30 a.m. Cemetery service following at Lakeview Cemetery Marion, ND.

Cemetery Details

Lakeview Cemetery

Marion, ND

Previous Events

Memorial Service

JUN **25**. 10:30 AM (CT)

First Lutheran Church
506 5th St.
Litchville, ND

Tribute Wall



“ Love, Michel, Louanne and Gigi Giralte purchased the Sweet Solace Spray for the family of Sheila Bell Froemke.



Love, Michel, Louanne and Gigi Giralte - June 24, 2020 at 01:00 PM



“ 1 file added to the album Updated Obituary



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...folk are of a different order.
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...Michelle in married by her
children, Shelli, John and
Heather, her grandchildren.

Oliver-Nathan Funeral Chapel - June 23, 2020 at 05:55 PM