



## Paula Jeanne Helland

April 20, 1952 - June 2, 2016

Paula Jeanne Helland, 64, Kathryn, ND passed away June 2, 2016 at Essentia Health in Fargo, ND. Paula was born April 20, 1952 in Bismarck, the only child of Matt and Bertha (Bryan) Emerson. She was baptized and confirmed in the Presbyterian faith and later became a member of St. Paul Lutheran Parish in Kathryn.

Paula attended school in Bismarck, graduating from high school in 1970. In 1976 she earned her Bachelor of Science in Pharmacy from North Dakota State University in Fargo. On November 25, 1978 she married Dennis Helland in Valley City. Dennis & Paula made their home at rural Kathryn and were blessed with two sons, Karl and Kevin.

Along with raising their children Paula worked outside the home at various pharmacies in Valley City, Lisbon, Enderlin, LaMoure, Oakes, Mercy Hospital, and Jamestown Hospital; and consulted for nursing homes in Edgeley, LaMoure, and Oakes.

She was a primary caregiver for Denny during his last year of illness. Paula loved to travel, was a past member of the Homemakers Club, enjoyed doing ceramics & art, and spending time with family & friends. She loved and enjoyed spending time with her grandsons, Kody, Kolten and Koy and granddaughter Taylor.

Paula is survived by her sons, Karl (Ginger), Kathryn, ND, Kevin, Denver CO; grandchildren, Taylor, Box Elder, SD, Kody, Kolten and Koy, Kathryn, ND; sisters-in-law, Marlene (Tom) Sagaser, Jamestown, Deloris (Larry) Welken, Valley City, and Donna (Roger) Hentges, Fargo; uncle Gordy Emerson, Chaseley, ND; several nieces, nephews and cousins. She was preceded in death by her husband, Dennis (November 2014), her parents Matt & Bertha Emerson and father-in-law & mother-in-law Denver & Mabel Helland.

Funeral services will be held 11:00 AM, Monday, June 6, at St. Paul Lutheran Church in Kathryn with Pastor Bradley Edin officiating. Arrangements by Oliver-Nathan Funeral Chapel, Valley City, with an on-line guestbook available at [www.oliver-nathanchapel.com](http://www.oliver-nathanchapel.com) Blessed by the memory of Paula Jeanne Emerson Helland.

# Previous Events

## Funeral Service

JUN 6. 11:00 AM (CT)

St. Paul's Lutheran Church - Kathryn  
Kathryn, ND

# Tribute Wall

SA

“ Sorry for your loss. Out thoughts are with your family. Barnes County Municipal Airport Authority.



Shawn Anderson - June 07, 2016 at 10:39 AM

SN

“ So sad to hear of Paula's passing. Looking back to all of the great years working together with her in the Boy Scouts, she was a blessing! Our sincere sympathy and condolences to you Kevin and the rest of your family. Steve and Mary Lee Nielson

Steve Nielson - June 07, 2016 at 10:24 AM

BS

“ Barb Schmidt lit a candle in memory of Paula Jeanne Helland



Barb Schmidt - June 06, 2016 at 07:49 AM

RS

“ Our sympathy to Paula's family. In particular to Roger and Donna Hentges, great friends of ours. But also to Karl and Kevin with the loss of their mom. God bless all of you as you grieve.  
Roger and Renae Specht  
Battle Lake, MN

Renae Specht - June 05, 2016 at 07:03 PM

DH

“ *My sincere sympathy and condolences Kevin and family during this difficult time of the sudden passing of your mother. You are in my thoughts and prayers.*  
*Dave Holte Littleton CO*



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**Daviid Holte** - June 04, 2016 at 10:42 PM

JJ

“ *Jon And Lori Jury lit a candle in memory of Paula Jeanne Helland*



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**Jon and Lori Jury** - June 04, 2016 at 11:18 AM



“ *Beautiful in Blue was purchased for the family of Paula Jeanne Helland.*



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June 04, 2016 at 10:00 AM

SS

“ *Sharon Rue Spiekermeier lit a candle in memory of Paula Jeanne Helland*



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**Sharon Rue Spiekermeier** - June 03, 2016 at 10:56 PM

CM

“ PJ and I were NDSU college friends and roommates!! We spent many hours enjoying and later, laughing about our college adventures!! We made many trips to Bismarck to hang out with Matt and "Berchie!" Our hugs and prayers are with Karl and Kevin and their families. Colleen and Bob Muhs, LaMoure, ND

Colleen Muhs - June 03, 2016 at 04:52 PM



“ Country Basket Blooms was purchased for the family of Paula Jeanne Helland.



June 03, 2016 at 04:38 PM



“ Treasured Lilies Spray was purchased for the family of Paula Jeanne Helland.



June 03, 2016 at 03:40 PM

JS

“ We are deeply saddened by Paula's passing. She was a great friend and colleague to us. There are many memories of her going the extra mile to help customers with any problems with their medications. We are not able to attend the services but be assured that our thoughts and prayers are with you in this time of sorrow.

Janet and Walt Spiese - June 03, 2016 at 02:58 PM



“ *Secret Garden Basket was purchased for the family of Paula Jeanne Helland.*



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June 03, 2016 at 12:10 PM



“ *Please accept my deepest condolences for your loss of Paula. From a deep study of the Bible, I have learned that we have the opportunity to see our loved ones again, here on earth. Jesus gave us a taste of what to expect in the future from the resurrections of the past(1 Kings 17:17-24, Acts 9:36-42 and John 11:38-44) I hope this gave you a bit of comfort.*

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**Vickie Lyman** - June 02, 2016 at 06:36 PM